

Menu Calendar Report - April, 2018

Generated on: 3/15/2018 10:19:07 AM by McKensie Montgomery

Site: Basswood Elem
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
2 Apr	3 Apr	4 Apr	5 Apr	6 Apr
Chicken Rings, Elementary (serve w/roll) (15.17 g) Pasta, Alfredo Bake (27.09 g) Salad, Turkey Chef, (Serve with Roll) (8.36 g) Tamales, Pork WG, Chili & Chip (57.90 g) Sunbutter and Jelly Sandwich with Cheese Stick (54.96 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Mixed Fruit, Canned w/ Jello (17.03 g) Orange, Clementine (8.89 g) Carrots,Baby, raw (5.84 g) Mashed Potatoes, Excel (13.39 g) Roasted Green Beans (4.74 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Beef and Cheese Nachos-1.5 grain (13.03 g) Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g) Fruit Cheese & Yogurt Plate w/sliced cheese-No pineapple (38.54 g) Sandwich, Turkey Ham and Cheese (30.20 g) Turkey Roast (Serve w/Roll) Character Graham Crackers (21.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Pears, canned, diced, Canned, #10 (18.42 g) Sliced Apples, Cinnamon & Sugar (17.17 g) Corn, Frozen, Cooked (16.49 g) Cucumbers, fresh, whole unpared, slices, ready-to-serve (1.89 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Cheeseburger (32.01 g) Chicken Pot Pie (40.52 g) Garden Salad, Elem (Serve with Roll) (8.23 g) Hamburger (25.23 g) Pancake Egg & Sausage Sandwich (49.77 g) Turkey Combo Sub Sandwich, Richs sub roll (32.34 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Diced Peaches (16.89 g) Orange, fresh, whole, ends cut (11.28 g) Celery, Sticks, fresh, trimmed 1/2-inch by 4-inch, ready-to-serve (1.92 g) Green Peas (13.05 g) Potato, Fries, Crinkle Cut (21.01 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mayonnaise, PC 12 gram (1.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Chicken Caesar Salad, Secondary (Serve with Breadstick) (14.62 g) Chicken Fried Steak (Serve with roll) (16.00 g) Chili Mac (serve w/roll) (11.40 g) Crispy Chicken Wrap (40.89 g) Turkey Frank, Hot Dog (18.75 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Applesauce, Canned w/ Jello (15.68 g) Fresh Banana (26.95 g) Beans, Charros Beans (16.15 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato & Cucumber Salad - KISD (2.78 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mustard, PC Heinz (0.92 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Chicken Caesar Wrap- Each wrap requires, 1 tortilla, 2 oz. diced chicken, 1 tbps parmesan , .5 cup lettuce and 1 tsp caesar dressing (30.78 g) Chicken Spaghetti (Serve with Breadstick) (29.97 g) Fish & Chips- Each serving requires- 4 nuggets and 3 oz of wedge potatoes (41.74 g) Pizza, Cheese K-6 (36.82 g) Pizza, Pepperoni K-6 (37.08 g) Turkey Bacon BLT Salad (Serve with Roll) (15.08 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Kiwifruit (12.09 g) Mixed Fruit, Canned with Cherries (28.13 g) Mixed Vegetables, Frozen, Commodity (12.65 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato Wedge (3.39 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)
9 Apr	10 Apr	11 Apr	12 Apr	13 Apr
Burrito, Smothered (43.28 g) Chicken Rings, Elementary (serve w/roll) (15.17 g) Salad, Peppi Pizza, Elementary,(Serve with Roll) (7.03 g) Sweet & Sour Chicken (Serve with Rice) (31.35 g) Turkey Bacon Wrap- Each serving requires- 1 tortilla, 6 sl turkey, 1 sl bacon, 1/2 cup lettuce and 2 sl tomatoes (36.24 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Rice, Fried, brown rice, w/scrambled egg (27.52 g) Mixed Fruit, Canned w/ Jello (17.03 g) Orange, Clementine (8.89 g) Carrots,Baby, raw (5.84 g)	Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g) Popcorn Chicken Salad K-8, (Serve with Breadstick) (15.17 g) Pork, Sliders, BBQ (29.49 g) Quesadilla Fajita Chicken (29.89 g) Wrap, Chicken Craisin Salad (35.47 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Apples Sliced Fresh 2 oz, Commodity (7.00 g) Pears, canned, diced, Canned, #10 (18.42 g) Corn, Frozen, Cooked (16.49 g) Cucumbers, fresh, whole unpared, slices, ready-to-serve (1.89 g)	Cheeseburger (32.01 g) Fruit Cheese & Yogurt Plate w/sliced cheese-No pineapple (38.54 g) Hamburger (25.23 g) Nachos, Chicken & Cheese, Cheddar (43.56 g) Pasta Alfredo Bake, (Serve with Breadstick) (44.35 g) Turkey Apple Cheddar Pita Pocket (35.55 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Character Graham Crackers (21.00 g) Diced Peaches (16.89 g) Orange, fresh, whole, ends cut (11.28 g) Celery, Sticks, fresh, trimmed 1/2-inch by 4-inch, ready-to-serve (1.92 g)	Baked Potato w/ Chili (Serve with Cornbread) (59.30 g) Italian Wrap, , Zesty (34.66 g) LS - Pizza Lunchable (31.69 g) Mini Corn Dogs (32.76 g) Taco Loco Salad (57.79 g) Cornbread Mix - 2 Grain Equiv. (39.44 g) Applesauce, Canned w/ Jello (15.68 g) Fresh Banana (26.95 g) Beans, Charros Beans (16.15 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato & Cucumber Salad - KISD (2.78 g) 1% White Milk (13.00 g)	Meatball Sub (42.49 g) Pizza, Cheese K-6 (36.82 g) Pizza, Pepperoni K-6 (37.08 g) Salad, Turkey Chef, (Serve with Roll) (8.36 g) Taco, Beef, Crunchy, (Serve with Rice) (13.49 g) Turkey Combo Sub Sandwich, Richs sub roll (32.34 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Spanish Rice (7.11 g) Kiwifruit (12.09 g) Mixed Fruit, Canned with Cherries (28.13 g) Mixed Vegetables, Frozen, Commodity (12.65 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato Wedge (3.39 g)

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9 Apr	10 Apr	11 Apr	12 Apr	13 Apr
<p>Mashed Potatoes, Excel (13.39 g) Roasted Green Beans (4.74 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)</p>	<p>Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)</p>	<p>Green Peas (13.05 g) Potato, Fries, Crinkle Cut (21.01 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mayonnaise, PC 12 gram (1.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)</p>	<p>Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)</p>	<p>1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)</p>
16 Apr	17 Apr	18 Apr	19 Apr	20 Apr
	<p>Baked Ziti (Serve with Breadstick) (31.53 g) Chicken Caesar Wrap- Each wrap requires, 1 tortilla, 2 oz. diced chicken, 1 tbsp parmesan , .5 cup lettuce and 1 tsp caesar dressing (30.78 g) Chicken Rings, Elementary (serve w/roll) (15.17 g) Salad , Super K-5 (Serve with Roll) (14.86 g) Chicken Teriyaki - using Fajita, (Serve with Rice) (8.07 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Rice, Fried, brown rice, w/scrambled egg (27.52 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Mixed Fruit, Canned w/ Jello (17.03 g) Orange, Clementine (8.89 g) Carrots,Baby, raw (5.84 g) Mashed Potatoes, Excel (13.39 g) Roasted Green Beans (4.74 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)</p>	<p>Cheeseburger (32.01 g) Fish & Chips- Each serving requires- 4 nuggets and 3 oz of wedge potatoes (41.74 g) Hamburger (25.23 g) Wrap and Yogurt- Each Serving requires - 1 tortilla, 4 chicken nuggets, .25 oz cheese, 1 oz ranch dressing, . 5 cup romaine lettuce and 1 4 oz. cup of yogurt (66.23 g) Chicken, Shake & Bake (Serve with Roll) (12.96 g) Popeye Spinach Salad (Serve with Roll) (5.32 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Diced Peaches (16.89 g) Orange, fresh, whole, ends cut (11.28 g) Fresh Celery Sticks (1.92 g) Green Peas (13.05 g) Potato, Fries, Crinkle Cut (21.01 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mayonnaise, PC 12 gram (1.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g) Tartar Sauce PC (1.00 g)</p>	<p>Flatbread, Chicken Bacon Ranch- Each serving requires 1 flatbread,1.5 oz diced chicken, 1 tbsp ranch, .5 oz. cheddar cheese (29.50 g) Fruit Cheese & Yogurt Plate w/sliced cheese-No pineapple (38.54 g) Grilled Cheese Sandwich, whole grain bread, American cheese- Each Sandwich requires 2 sl of bread, 4 sl of cheese & 2 tsp margarine (32.40 g) Soup, Tomato, Prepared, Heinz (9.31 g) Turkey Frank, Hot Dog (18.75 g) Salisbury Steak, 3 oz. Advance (serve w/roll) (4.05 g) Character Graham Crackers (21.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Applesauce, Canned w/ Jello (15.68 g) Fresh Banana (26.95 g) Beans, Charros Beans (16.15 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato & Cucumber Salad - KISD (2.78 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Brown Gravy (2.34 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)</p>	<p>Chicken Caesar Salad, Elementary (offer with Breadstick) Each serving requires- 2 oz. diced chicken, 1 tbsp parmesan, 1 cup romaine lettuce, 2 tbsp olives and .7 oz croutons (13.81 g) Fish Sandwich- Each serving requires 1 bun and 1 fish patty (47.00 g) Frito Chili Pie (46.87 g) Pizza, Cheese K-6 (36.82 g) Pizza, Pepperoni K-6 (37.08 g) Wrap, Popcorn Chicken (42.75 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Kiwifruit (12.09 g) Mixed Fruit, Canned with Cherries (28.13 g) Mixed Vegetables, Frozen, Commodity (12.65 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato Wedge (3.39 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)</p>

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23 Apr	24 Apr	25 Apr	26 Apr	27 Apr
Chicken Enchilada Bake (38.67 g) Chicken Rings, Elementary (serve w/roll) (15.17 g) Sandwich, Turkey Ham and Cheese (30.20 g) Spaghetti w/ Meatballs (Serve with Breadstick) (29.77 g) Spinach Pear Crunch Salad - Elementary, (Serve with Roll) (40.05 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Mixed Fruit, Canned w/ Jello (17.03 g) Orange, Clementine (8.89 g) Carrots,Baby, raw (5.84 g) Mashed Potatoes, Excel (13.39 g) Roasted Green Beans (4.74 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Beef and Cheese Nachos-1.5 grain (13.03 g) Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g) Chicken Fajita Wrap (36.21 g) LS - Pizza Lunchable (31.69 g) Sloppy Joe on Roll - Scratch (8.45 g) Pears, canned, diced, Canned, #10 (18.42 g) Sliced Apples, Cinnamon & Sugar (17.17 g) Corn, Canned (18.42 g) Cucumbers, fresh, whole unpared, slices, ready-to-serve (1.89 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	American Sub; Richs Sub Roll (32.59 g) Beef Lasagna, Scratch (Serve with Breadstick) (29.45 g) Breakfast Burrito (30.13 g) Cheeseburger (32.01 g) Hamburger (25.23 g) Popcorn Chicken Salad K-8, (Serve with Breadstick) (15.17 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Fruit Cup, Peach, 4.2 oz frozen (17.00 g) Fruit Salad, Autumn (33.19 g) Carrots w/Ginger (11.03 g) Potato, Fries, Crinkle Cut (21.01 g) Salad Mix, Tossed (2.10 g) Tomato, Corn & Cilantro Salad (9.43 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Breaded Steak Finger (Serve with Toast) (14.39 g) Cheeseburger Mac & Cheese (Serve w/breadstick) (29.15 g) Chili Hot Dog (33.22 g) Fiesta Frito Wrap (51.35 g) Salad, Turkey Chef, (Serve with Roll) (8.36 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Toast w/ Margarine (14.18 g) Applesauce, Canned w/ Jello (15.68 g) Fresh Banana (26.95 g) Beans, Charros Beans (16.15 g) Coleslaw, Scratch (3.29 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Chicken BLT Salad (27.92 g) Crispy Chicken Wrap (40.89 g) Fish Sticks w/Macaroni & Cheese (38.34 g) Pizza, Cheese K-6 (36.82 g) Pizza, Pepperoni K-6 (37.08 g) Tamales, Pork WG, Chili & Chip (57.90 g) Mixed Fruit, Canned with Cherries (28.13 g) Orange Smiles (11.28 g) Celery, Sticks, fresh, trimmed 1/2-inch by 4-inch, ready-to-serve (1.92 g) Mixed Vegetables, Frozen, Commodity (12.65 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g) Tartar Sauce PC (1.00 g)
30 Apr	1 May	2 May	3 May	4 May
Beef Enchiladas (38.95 g) Chicken Rings, Elementary (serve w/roll) (15.17 g) Garden Salad, Elem (Serve with Roll) (8.23 g) Pulled Pork Sandwich (31.00 g) Turkey Bacon Wrap- Each serving requires- 1 tortilla, 6 sl turkey, 1 sl bacon, 1/2 cup lettuce and 2 sl tomatoes (36.24 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Mixed Fruit, Canned w/ Jello (17.03 g) Orange, Clementine (8.89 g) Carrots,Baby, raw (5.84 g) Mashed Potatoes, Excel (13.39 g) Roasted Green Beans (4.74 g) Salad Mix, Romaine/Spinach (2.23 g)	Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g) Chicken Potato Bowl (Serve with Breadstick) (65.60 g) Pinwheel, Turkey & Swiss Cheese- Each serving requires- 1 tortilla, 3 sl turkey ham, 2 sl swiss cheese, 1 leaf lettuce, 2 sl tomatoes and 2 tbsp honey mustard (37.53 g) Salad, Turkey Chef, (Serve with Roll) (8.36 g) Chicken, Roasted, 8 cut, Precooked- (Serve w/Roll) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Pears, canned, diced, Canned, #10 (18.42 g) Sliced Apples, Cinnamon & Sugar (17.17 g) Corn, Canned (18.42 g)	Cheeseburger (32.01 g) Fruit Cheese & Yogurt Plate w/sliced cheese-No pineapple (38.54 g) Hamburger (25.23 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Taco Loco Salad (57.79 g) Macaroni and Cheese, Bowtie, JTM, (Serve with Breadstick) (23.31 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Character Graham Crackers (21.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Fruit Cup, Peach, 4.2 oz frozen (17.00 g) Fruit Salad, Autumn (33.19 g) Carrots w/Ginger (11.03 g)	Chicken Sandwich, WG Breaded, Tyson (41.22 g) Grilled Cheese Sandwich, whole grain bread, American cheese- Each Sandwich requires 2 sl of bread, 4 sl of cheese & 2 tsp margarine (32.40 g) LS - Pizza Lunchable (31.69 g) Mini Corn Dogs (32.76 g) Soup, Tomato, Prepared, Heinz (9.31 g) Wrap, Chicken Craisin Salad (35.47 g) Applesauce, Canned w/ Jello (15.68 g) Fresh Banana (26.95 g) Beans, Charros Beans (16.15 g) Coleslaw, Scratch (3.29 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g)	Broccoli and Cheese Baked Potato (4.53 g) Chicken Caesar Salad, Elementary (offer with Breadstick) Each serving requires- 2 oz. diced chicken, 1 tbsp parmesan, 1 cup romaine lettuce, 2 tbsp olives and .7 oz croutons (13.81 g) Fish Sandwich- Each serving requires 1 bun and 1 fish patty (47.00 g) Pizza, Cheese K-6 (36.82 g) Pizza, Pepperoni K-6 (37.08 g) Turkey Ham & Cheese in Pita Pocket- Each serving requires- 1 pita pocket, 5 sl of ham and 1 sl of cheese (28.85 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Mixed Fruit, Canned with Cherries (28.13 g)

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1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Cucumbers, fresh, whole unpared, slices, ready-to-serve (1.89 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Potato, Fries, Crinkle Cut (21.01 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato, Corn & Cilantro Salad (9.43 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mayonnaise, PC 12 gram (1.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Orange Smiles (11.28 g) Celery, Sticks, fresh, trimmed 1/2-inch by 4-inch, ready-to-serve (1.92 g) Mixed Vegetables, Frozen, Commodity (12.65 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g) Tartar Sauce PC (1.00 g)

Carbohydrate values in grams follow the Menu Item name