

# Menu Calendar Report - May, 2018

Generated on: 4/23/2018 11:42:10 AM by McKensie Montgomery

Site: Basswood Elem  
 Meal Type: Lunch  
 Site Group: The Clubhouse  
 Menu Line: CH-Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30 Apr</b>	<b>1 May</b>	<b>2 May</b>	<b>3 May</b>	<b>4 May</b>
Beef Enchiladas (38.95 g) Chicken Rings, Elementary (serve w/roll) (15.17 g) Garden Salad, Elem (Serve with Roll) (8.23 g) Pulled Pork Sandwich (31.00 g) Turkey Bacon Wrap- Each serving requires- 1 tortilla, 6 sl turkey, 1 sl bacon, 1/4 cup lettuce and 2 sl tomatoes (36.24 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Mixed Fruit, Canned w/ Jello (17.03 g) Orange, Clementine (8.89 g) Carrots,Baby, raw (5.84 g) Mashed Potatoes, Excel (13.39 g) Roasted Green Beans (4.74 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g) Chicken Potato Bowl (Serve with Breadstick) (65.60 g) Pinwheel, Turkey & Swiss Cheese- Each serving requires- 1 tortilla, 3 sl turkey ham, 2 sl swiss cheese, 1 leaf lettuce, 2 sl tomatoes and 2 tbsp honey mustard (37.53 g) Salad, Turkey Chef, (Serve with Roll) (8.36 g) Chicken, Roasted, 8 cut, Precooked- (Serve w/Roll) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Apples Sliced Fresh 2 oz, Commodity (7.00 g) Pears, canned, diced, Canned, #10 (18.42 g) Corn, Frozen, Cooked (16.49 g) Cucumbers, fresh, whole unpared, slices, ready-to-serve (1.89 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Cheeseburger (32.24 g) Fruit Cheese & Yogurt Plate w/sliced cheese-No pineapple (38.54 g) Hamburger (25.23 g) Pasta Salad, Chicken Lime (Serve w/Roll) (40.31 g) Taco Loco Salad (57.79 g) Macaroni and Cheese, Bowtie, JTM, (Serve with Breadstick) (23.31 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Character Graham Crackers (21.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Diced Peaches (16.89 g) Orange, fresh, whole, ends cut (11.28 g) Celery, Sticks, fresh, trimmed 1/2-inch by 4-inch, ready-to-serve (1.92 g) Green Peas (13.14 g) Potato, Fries, Crinkle Cut (21.01 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mayonnaise, PC 12 gram (1.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Chicken Sandwich, WG Breaded, Tyson (41.22 g) Grilled Cheese Sandwich, whole grain bread, American cheese- Each Sandwich requires 2 sl of bread, 4 sl of cheese & 2 tsp margarine (32.40 g) LS - Pizza Lunchable (31.69 g) Mini Corn Dogs (32.76 g) Soup, Tomato, Prepared, Heinz (9.31 g) Wrap, Chicken Craisin Salad (35.47 g) Applesauce, Canned w/ Jello (15.68 g) Fresh Banana (26.95 g) Beans, Charros Beans (16.15 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato & Cucumber Salad - KISD (2.78 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Broccoli and Cheese Baked Potato (4.58 g) Chicken Caesar Salad, Elementary (offer with Breadstick) Each serving requires- 2 oz. diced chicken, 1 tbsp parmesan, 1 cup romaine lettuce, 2 tbsp olives and .7 oz croutons (13.81 g) Fish Sandwich- Each serving requires 1 bun and 1 fish patty (47.00 g) Pizza, Cheese K-6 (36.82 g) Pizza, Pepperoni K-6 (37.08 g) Turkey Ham & Cheese in Pita Pocket- Each serving requires- 1 pita pocket, 5 sl of ham and 1 sl of cheese (28.85 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Roll, Dinner, Dough, 2.5 oz. Rich's (28.00 g) Kiwifruit (12.09 g) Mixed Fruit, Canned with Cherries (28.13 g) Mixed Vegetables, Frozen, Commodity (12.65 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato Wedge (3.39 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g) Tartar Sauce PC (1.00 g)
<b>7 May</b>	<b>8 May</b>	<b>9 May</b>	<b>10 May</b>	<b>11 May</b>
Chicken Rings, Elementary (serve w/roll) (15.17 g) Pasta, Alfredo Bake (27.09 g) Salad, Turkey Chef, (Serve with Roll) (8.36 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Mixed Fruit, Canned w/ Jello (17.03 g) Orange, Clementine (8.89 g) Carrots,Baby, raw (5.84 g)	Beef and Cheese Nachos-1.5 grain (13.03 g) Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g) Fruit Cheese & Yogurt Plate w/sliced cheese-No pineapple (38.54 g) Character Graham Crackers (21.00 g) Pears, canned, diced, Canned, #10 (18.42 g) Sliced Apples, Cinnamon & Sugar (17.17 g) Corn, Frozen, Cooked (16.49 g)	Cheeseburger (32.24 g) Hamburger (25.23 g) Pancake Egg & Sausage Sandwich (49.77 g) Turkey Combo Sub Sandwich, Richs sub roll (35.03 g) Diced Peaches (16.89 g) Orange, fresh, whole, ends cut (11.28 g) Celery, Sticks, fresh, trimmed 1/2-inch by 4-inch, ready-to-serve (1.92 g) Green Peas (13.14 g) Potato, Fries, Crinkle Cut (21.01 g)	Chicken Caesar Salad, Secondary (Serve with Breadstick) (14.62 g) Chili Mac (serve w/roll) (11.40 g) Turkey Frank, Hot Dog (18.75 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Applesauce, Canned w/ Jello (15.68 g) Fresh Banana (26.95 g) Beans, Charros Beans (16.15 g) Salad Mix, Romaine/Spinach (2.23 g)	Chicken Caesar Wrap- Each wrap requires, 1 tortilla, 2 oz. diced chicken, 1 tbsp parmesan , .5 cup lettuce and 1 tsp caesar dressing (30.78 g) Fish & Chips- Each serving requires- 4 nuggets and 3 oz of wedge potatoes (41.74 g) Pizza, Cheese K-6 (36.82 g) Pizza, Pepperoni K-6 (37.08 g) Kiwifruit (12.09 g) Mixed Fruit, Canned with Cherries (28.13 g) Mixed Vegetables, Frozen, Commodity (12.65 g)

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7 May	8 May	9 May	10 May	11 May
Mashed Potatoes, Excel (13.39 g) Roasted Green Beans (4.74 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Cucumbers, fresh, whole unpared, slices, ready-to-serve (1.89 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mayonnaise, PC 12 gram (1.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Tomato & Cucumber Salad - KISD (2.78 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mustard, PC Heinz (0.92 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Salad Mix, Romaine/Spinach (2.23 g) Tomato Wedge (3.39 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)
14 May	15 May	16 May	17 May	18 May
Burrito, Smothered (43.28 g) Chicken Rings, Elementary (serve w/roll) (15.17 g) Turkey Bacon Wrap- Each serving requires- 1 tortilla, 6 sl turkey, 1 sl bacon, 1/4 cup lettuce and 2 sl tomatoes (36.24 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g) Mixed Fruit, Canned w/ Jello (17.03 g) Orange, Clementine (8.89 g) Carrots,Baby, raw (5.84 g) Mashed Potatoes, Excel (13.39 g) Roasted Green Beans (4.74 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g) Quesadilla Fajita Chicken (29.89 g) Wrap, Chicken Craisin Salad (35.47 g) Apples Sliced Fresh 2 oz, Commodity (7.00 g) Pears, canned, diced, Canned, #10 (18.42 g) Corn, Frozen, Cooked (16.49 g) Cucumbers, fresh, whole unpared, slices, ready-to-serve (1.89 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Cheeseburger (32.24 g) Fruit Cheese & Yogurt Plate w/sliced cheese-No pineapple (38.54 g) Hamburger (25.23 g) Nachos, Chicken & Cheese, Cheddar (43.56 g) Character Graham Crackers (21.00 g) Diced Peaches (16.89 g) Orange, fresh, whole, ends cut (11.28 g) Celery, Sticks, fresh, trimmed 1/2-inch by 4-inch, ready-to-serve (1.92 g) Green Peas (13.14 g) Potato, Fries, Crinkle Cut (21.01 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mayonnaise, PC 12 gram (1.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	LS - Pizza Lunchable (31.69 g) Mini Corn Dogs (32.76 g) Taco Loco Salad (57.79 g) Applesauce, Canned w/ Jello (15.68 g) Fresh Banana (26.95 g) Beans, Charros Beans (16.15 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato & Cucumber Salad - KISD (2.78 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Pizza, Cheese K-6 (36.82 g) Pizza, Pepperoni K-6 (37.08 g) Taco, Beef, Crunchy, (Serve with Rice) (13.49 g) Turkey Combo Sub Sandwich, Richs sub roll (35.03 g) Spanish Rice (7.11 g) Kiwifruit (12.09 g) Mixed Fruit, Canned with Cherries (28.13 g) Mixed Vegetables, Frozen, Commodity (12.65 g) Salad Mix, Romaine/Spinach (2.23 g) Tomato Wedge (3.39 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)
21 May	22 May	23 May	24 May	25 May
Chicken Caesar Wrap- Each wrap requires, 1 tortilla, 2 oz. diced chicken, 1 tbsp parmesan , .5 cup lettuce and 1 tsp caesar dressing (30.78 g) Chicken Rings, Elementary (serve w/roll) (15.17 g) Chicken Teriyaki - using Fajita, (Serve with Rice) (8.07 g) Dinner Roll, Richs Whole Grain 1.25 oz (14.00 g)	Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g) Nachos, Chicken & Cheese, Cheddar (43.56 g) Sandwich, Turkey Ham and Cheese (30.20 g) Apples Sliced Fresh 2 oz, Commodity (7.00 g) Pears, canned, diced, Canned, #10 (18.42 g) Corn, Frozen, Cooked (16.49 g)	Cheeseburger (32.24 g) Fish & Chips- Each serving requires- 4 nuggets and 3 oz of wedge potatoes (41.74 g) Hamburger (25.23 g) Wrap and Yogurt- Each Serving requires - 1 tortilla, 4 chicken nuggets, .25 oz cheese, 1 oz ranch dressing, . 5 cup romaine lettuce and 1 4 oz. cup of yogurt (66.23 g)	Turkey Breast & Cheese Sandwich (30.20 g) Cookie, Carnival, WG, 1 oz (18.90 g) Cookie, Chocolate Chip, WG, 1 oz (18.90 g) Cookie, Oatmeal Raisin, WG 1 oz (18.90 g) Cookie, Sugar, WG, 1 oz (18.90 g) Apples Sliced Fresh 2 oz, Commodity (7.00 g)	

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21 May	22 May	23 May	24 May	
Rice, Fried, brown rice, w/scrambled egg (27.52 g) Mixed Fruit, Canned w/ Jello (17.03 g) Orange, Clementine (8.89 g) Carrots,Baby, raw (5.84 g) Mashed Potatoes, Excel (13.39 g) Roasted Green Beans (4.74 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Peppered Fat Free Gravy (5.20 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Cucumber Coins (2.23 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Diced Peaches (16.89 g) Orange, fresh, whole, ends cut (11.28 g) Fresh Celery Sticks (1.92 g) Green Peas (13.14 g) Potato, Fries, Crinkle Cut (21.01 g) Salad Mix, Romaine/Spinach (2.23 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Mayonnaise, PC 12 gram (1.00 g) Mustard, PC Heinz (0.92 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g) Tartar Sauce PC (1.00 g)	Carrots,Baby, raw (5.84 g) Celery, Sticks, fresh, trimmed 1/2-inch by 4-inch, ready-to-serve (1.92 g) 1% White Milk (13.00 g) Chocolate Milk, nonfat, fluid, with added vitamin A and vitamin D Oak Farms (20.00 g) Mayonnaise, PC 12 gram (1.00 g) Mustard, PC Heinz (0.92 g)	
<b>28 May</b>	<b>29 May</b>	<b>30 May</b>	<b>31 May</b>	<b>1 Jun</b>

Carbohydrate values in grams follow the Menu Item name