

Menu Calendar Report - September, 2017

Generated on: 8/31/2017 9:55:26 AM by McKensie Montgomery

Site: Early Learning Center N
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
28 Aug Pasta: Spaghetti & Meat Sauce (16.96 g) Orange, fresh, whole, ends cut (11.28 g) Beans, Parmesan Italian Green (5.89 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	29 Aug Fruit Cheese & Yogurt Plate (44.93 g) Crackers, Animal, WG, IW 1 oz (21.00 g) Peaches, Diced in light syrup (16.89 g) Cucumber Coins (1.89 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	30 Aug Cheeseburger (32.01 g) Bananas, fresh (26.95 g) Fresh Celery Sticks (1.92 g) Potato, Smiles-4 piece (20.09 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	31 Aug Yogurt and Mini Sandwich (52.51 g) Apples Sliced Fresh 2 oz, Commodity (7.00 g) Beans, Charros Beans (15.58 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	1 Sep Pizza, Cheese K-6 (34.75 g) Watermelon (11.41 g) Carrots,Baby, raw (5.84 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)
4 Sep	5 Sep Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g) Applesauce, Canned w/ Jello (18.05 g) Carrots,Baby, raw (5.84 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	6 Sep Cheeseburger (32.01 g) Bananas, fresh (26.95 g) Fresh Celery Sticks (1.92 g) Potato, Smiles-4 piece (20.09 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	7 Sep Macaroni and Cheese, Bowtie, JTM (23.31 g) Fruit Cup, Peach, 4.75 oz frozen (23.00 g) Baked Beans, vegetarian (52.13 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	8 Sep Pizza, Cheese K-6 (34.75 g) Watermelon (11.41 g) Roasted Cauliflower (5.11 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)
11 Sep Chicken Nuggets, Whole Muscle, Tempura (9.11 g) Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g) Orange, fresh, whole, ends cut (11.28 g) Mashed Potatoes, Excel (16.18 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	12 Sep Fruit Cheese & Yogurt Plate (44.93 g) Crackers, Animal, WG, IW 1 oz (21.00 g) Applesauce, Canned w/ Jello (18.05 g) Carrots,Baby, raw (5.84 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	13 Sep Cheeseburger (32.01 g) Banana (13.48 g) Cucumber Coins (1.89 g) Potato, Smiles-4 piece (20.09 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	14 Sep Breakfast Plate (16.18 g) Fruit Cup, Peach, 4.75 oz frozen (23.00 g) Corn, Frozen, Cooked (16.49 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	15 Sep Pizza, Cheese K-6 (34.75 g) Watermelon (11.41 g) Mixed Fresh Vegetables (2.15 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)
18 Sep Pasta: Spaghetti & Meat Sauce (16.96 g) Orange, fresh, whole, ends cut (11.28 g) Roasted Green Beans (4.74 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	19 Sep Grilled Cheese Sandwich, whole grain bread, American cheese (32.40 g) Apples Sliced Fresh 2 oz, Commodity (7.00 g) Green Peas (13.05 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	20 Sep Cheeseburger (32.01 g) Applesauce, Canned w/ Jello (18.05 g) Fresh Celery Sticks (1.92 g) Potato, Smiles-4 piece (20.09 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ketchup, Low-Sodium, PC, Heinz (3.00 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	21 Sep Yogurt and Mini Sandwich (52.51 g) Fruit Cup, Peach, 4.75 oz frozen (23.00 g) Carrots,Baby, raw (5.84 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	22 Sep Pizza, Cheese K-6 (34.75 g) Watermelon (11.41 g) Mixed Fresh Vegetables (2.15 g) Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g) Ranch Dressing, PC, Fat Free, Heinz (2.00 g)
25 Sep Chicken Nuggets, Whole Muscle, Tempura (9.11 g)	26 Sep Breadstick, Cheese Stuffed Sticks, Maxstix (37.44 g)	27 Sep Cheeseburger (32.01 g)	28 Sep Chicken Sandwich, WG Breaded, Tyson (25.00 g)	29 Sep Pizza, Cheese K-6 (34.75 g)

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25 Sep	26 Sep	27 Sep	28 Sep	29 Sep
Breadstick Dough, Rip Stick, Richs whole grain, 1.2 oz (15.00 g)	Applesauce, Canned w/ Jello (18.05 g)	Bananas, fresh (26.95 g)	Peaches, Diced in light syrup (16.89 g)	Watermelon (11.41 g)
Orange, fresh, whole, ends cut (11.28 g)	Carrots,Baby, raw (5.84 g)	Cucumbers, fresh, whole unpared, slices, ready-to-serve (1.89 g)	Carrots, Herb Roasted (4.23 g)	Corn, Frozen, Cooked (16.49 g)
Roasted Green Beans (4.74 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Potato, Smiles-4 piece (20.09 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)
Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)	Ranch Dressing, PC, Fat Free, Heinz (2.00 g)	Milk, fluid, with added vitamin A and vitamin D (Low Fat 1%) (11.88 g)		Ranch Dressing, PC, Fat Free, Heinz (2.00 g)
Ketchup, Low-Sodium, PC, Heinz (3.00 g)		Ketchup, Low-Sodium, PC, Heinz (3.00 g)		
		Ranch Dressing, PC, Fat Free, Heinz (2.00 g)		

Carbohydrate values in grams follow the Menu Item name